



Why Leave a Gift in your Will?

Movement transforms lives by helping us remain mobile and living life on our terms.

A legacy gift is an investment in future generations. It could help:



Someone regain their confidence after illness.



An older person discover new friendships and feel part of their community.



Someone to stay active, mobile and independent for longer.



Ensure that I Can Move More continues to support people in living healthier, happier lives.

Leave behind something truly lasting:

A legacy of movement.

A legacy of wellbeing.

A legacy of community.

Thank You!

We understand that writing a Will is personal...

We're here to help!

If you would like more information or a confidential conversation about leaving a gift in your Will, we'd be pleased to hear from you.

Contact:

Mrs Liz Murray
Head of Active Ageing



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0300 373 1066



www.icanmovemore.co.uk



Empowering Lives. Building Confidence.
Strengthening our Communities.

Valley
Leisure

Leave a Legacy of Movement

By leaving a gift in your Will to Valley Leisure's I Can Move More service, you can help future generations enjoy the benefits of movement, friendship and independence.



iCan
Move More

www.icanmovemore.co.uk

Pip's Story

“

I know my I Can Move More story is not unique. I have met many people who, like me, value I Can as an important part of their lives. I first came to improve my mobility and balance, but I have gained so much more - friendship, confidence and a place where I feel supported.

We all share the same goal: to stay as mobile, healthy and independent as possible, for as long as we can. I am so grateful for everything I Can gives me - physically, mentally and socially. That is why I intend to include I Can Move More in my Will, so that others can benefit from this extraordinary place in the future.



Pip
I Can Move More
Customer

Gifts of Any Size Make a Lasting Difference

After providing for family and loved ones, many people choose to leave:



A share of their estate.



A fixed sum.



Specific possessions or investments.



Even 1% of your estate can make a lasting difference.

It Costs Nothing Today...

A gift in your Will is a simple way to reflect the values that matter most to you, costs nothing during your lifetime, can be changed at any time, and helps future generations thrive.

Empower - Excellence - Community

How to Leave a Gift in your Will

Leaving a gift is often simpler than people think...



Take care of your family and loved ones first.



Decide what type of gift you would like to leave.



Speak with a solicitor to update or write your Will.



Include Valley Leisure's I Can Move More details:
I Can Move More, Valley Leisure
Registered Charity Number: 800760

We are registered with the Fundraising Regulator in the UK.

You are under no obligation to tell us about your plans, but we would be delighted to thank you and understand your wishes.